



RIVERDALE

4 beds,
Cardiff

OCEAN COMMUNITY SERVICES

Building a Life
worth Living





LOCATION.

Situated in a pleasant area, Riverdale enjoys the benefits of city life being based within easy reach of Cardiff centre together with the peaceful and friendly atmosphere of the local residential area.

Riverdale provides our service users with access to a range of facilities including shops, cafes, doctors and other health services and transport links all within short walking distance.

KEY FACTS.

- Attractive dormer bungalow furnished to a high standard
- 4 registered bedrooms, 2 ground floor with en-suite bathrooms
- Communal living, kitchen and dining areas
- 1 communal bathroom
- Within walking distance of local shops
- Good proximity to local transport
- 10 minute drive to Cardiff City centre



WHO DO WE SUPPORT?

Our skilled team at Riverdale are experienced and knowledgeable in the promotion of recovery and positive risk taking with service users with mental illness including those with forensic needs. The team also have the understanding and specific skills to provide services to individuals with a diagnosis of Autistic Spectrum Disorder including Asperger's Syndrome. Specific approaches are used such as TEACCH to reduce anxiety, augment communication and meet sensory needs.

OUR TEAM.

- Manager – NVO Level 4
- Senior Support staff – NVO Level 3
- Support Staff – NVO Level 2 & 3

Our clinical team support:

- Consultant Psychiatrist
- Clinical Psychologist
- Occupational Therapists
- Physiotherapists
- Speech and Language Therapist
- Drug and alcohol counsellor
- Dietician



WHAT DO WE PROVIDE?

- 24 hour staffing
- High ratio of staff to service users
- Extensive community resource links and leisure facilities
- Work skills training and placements
- Access to education and local colleges
- Wide range of individual and group therapeutic interventions
- Life skills programme
- Strong links with locality teams
- Family involvement and support
- Responsive to diverse ethnic and cultural needs



CASE STUDY.

Before coming to Riverdale 'D' had many community placements which always broke down quickly. 'D' had a severe mental illness and substance abuse problems.

'D' had little insight into his illness, his need to comply with medication and treatment and was poorly motivated to get up, care for himself or engage in activities.

At Riverdale, for the first time in any community placements 'D' did not take drugs. He gained insight into his own needs, started caring for himself and took up new hobbies and activities in the community. 'D' also got back in touch with his family after many years and after only twelve months moved back home to supported accommodation.

CONTACT.

If you are interested in finding out more about us, perhaps with a referral in mind then please contact our referrals co-ordinator on: 029 2039 4410 or email referrals@ocs-ltd.com

Further information on our referrals process can be found online together with a downloadable referrals form.

Please visit our website for further information.

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